

**MONTGOMERY COUNTY
BEHAVIORAL HEALTH AND
SUICIDE PREVENTION
TASK FORCE**



BEHAVIORAL HEALTH & SUICIDE PREVENTION TASK FORCE

MONTGOMERY COUNTY DIVISION

CALL TO ACTION MEETING

Please Join Us On
Thursday, May 16th
8:00 a.m. to 12:00 p.m.

Lone Star
Convention Center
9055 Airport Rd.
Conroe, TX 77303

Schedule of Events:
8:00 a.m. - 9:00 a.m.
Networking & Refreshments

9:00 a.m. - 12:00 p.m.
*Presentations by Various
Community Leaders*

This event is open to all interested in supporting
the Montgomery County Community



**MONTGOMERY
COUNTY**
TEXAS



Presentations by:

Judge Wayne Mack
Justice of the Peace, Precinct 1

Paul E. Sirbaugh, DO, MBA
*Chief Medical Officer, Texas Children's Hospital,
The Woodlands*

Julie B. Kaplow, Ph.D., A.B.P.P.
*Head of Psychology, Department of Pediatrics,
Baylor College of Medicine*

Jeremy Sprott, LPC
CEO, Mental Health Solutions

James Herrin, M.D.
Herrin Pediatrics

Kim Hess
President, Cassidy Joined for Hope

Gary Buckaloo
Lead Pastor, Church of the Good Soldier

Evan Roberson
*Executive Director, Tri-County Behavioral
Healthcare*

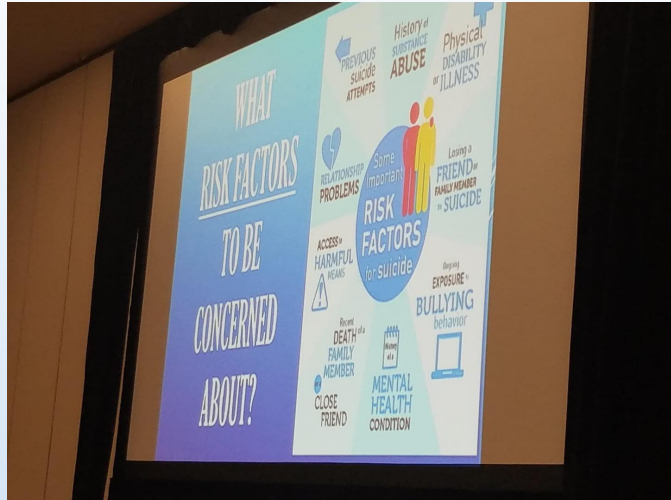
Dannette Suding
CEO, Yes to Youth

Ken Schlenker, M.Div., B.C.C.C., B.C.E.C.R., B.C.S.M
*Director Chaplain Programs, Professor,
Grace School of Theology, Diplomate, American
Academy of Experts Traumatic Stress President,
CAREForce.us*

Philip Cash
Constable, Precinct 1

Kelly Locke, LPC
Mental Health Specialist, Conroe ISD

RSVP: bhsptaskforcemc@gmail.com





WHERE DID WE START?

WHERE DID WE START?



COLLABORATE

**IDENTIFY
NEEDS**

**GATHER
RESOURCES**

**PROVIDE
TRAINING**

**BE PRESENT
IN
COMMUNIT
Y**

COLLABORATE



BHSP MISSION STATEMENT

THE BHSP TASK FORCE exists to create a happier, healthier community by raising awareness about behavioral health and suicide through education, prevention and connections.

WORK GROUPS

MISSION AND VISION

ADDICTION

ADULT SUICIDE

**BUUILDING STRONGER
COMMUNITIES**

FIRST RESPONDERS

MAJOR MENTAL HEALTH

**MARKETING/
COMMUNICATIONS/
TECHNOLOGY**

MILITARY CONNECTED

**NEURODIVERSITY/IDD/
AUTISM/SPECIAL NEEDS**

**PEDIATRIC SUICIDE
(UNDER 18)**

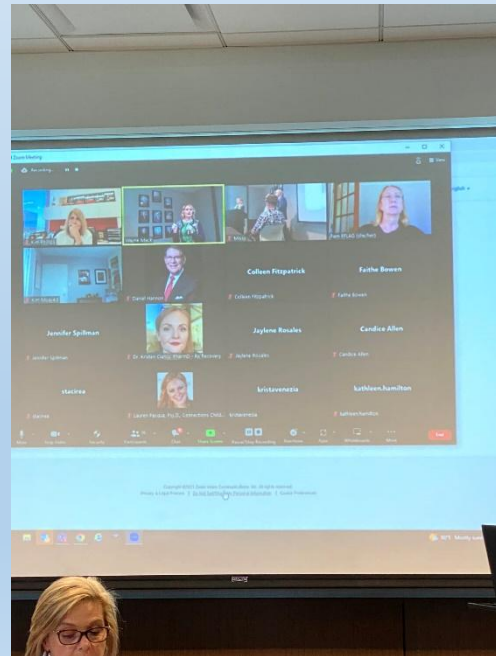
**RESOURCES &
IMPLEMENTATION**

**TRAINING &
COMMUNITY
DEVELOPMENT**

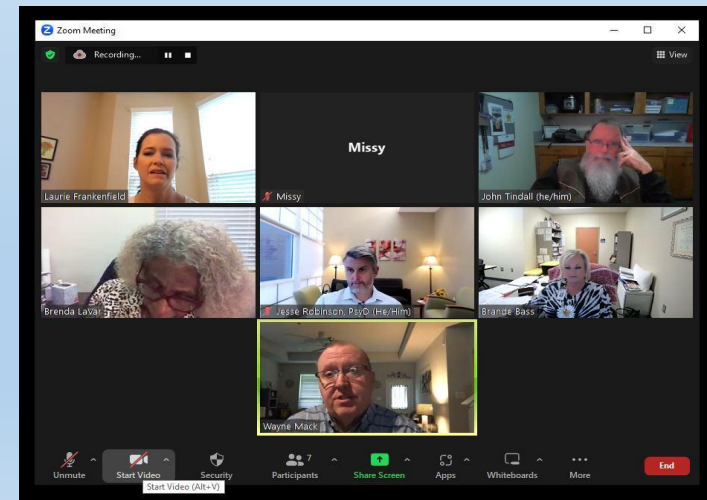
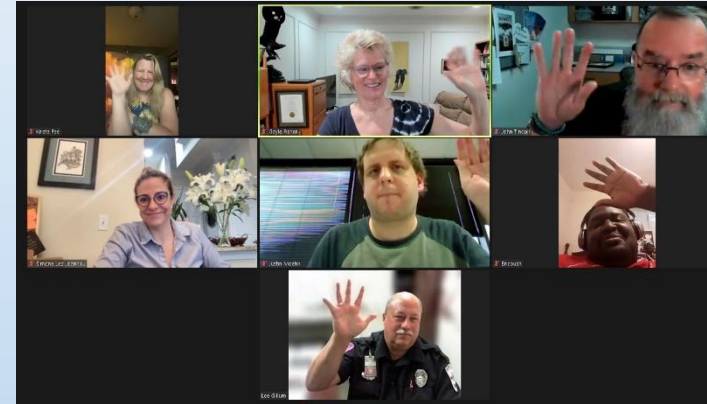
TRAUMA & GRIEF

IDENTIFY NEEDS

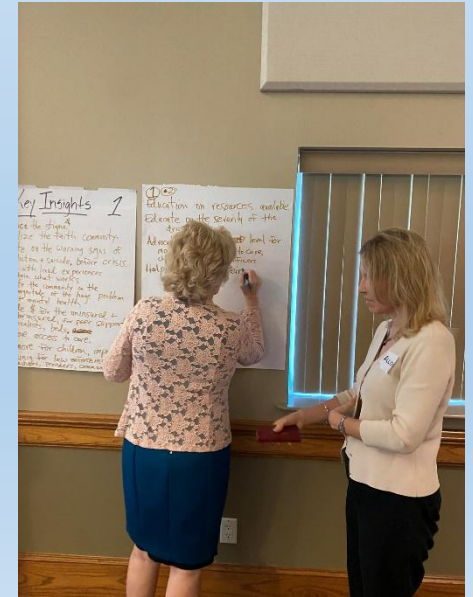
BHSP “Mothership” meetings



Work Group meetings



Gaps Analysis



5

5

5 Court:

- Voice advocates for families
- Care givers of adults refusing treatment. (HIPAA obstacles)

Transportation

Paid Peer Support

Inpatient Substance Use

Mental Health Primary Residential

Diversion Center

Peer Ch. House



5 Where We Go 5

Pool of nurses

Hospital beds child labor services

Free/Affordable Health Care

Transitional Housing

Permanent Housing / Group Homes

Education Substance + Health

Church - acknowledge awareness of mental health

Recognition + Education to Criminal Justice Entities on mental health

6 Where We Go

Substance Use Treatment Options

What have we learned the Substance Use

Lack of remaining active in recovery

For those that have had relapses

Support for family members

Expanding people out of jail alternatives

Lack of remaining in treatment

Support for family members

Personnel taking over care of those

Substance Use Treatment Options

For those that have had relapses

Support for family members

Expanding people out of jail alternatives

Lack of remaining in treatment

Support for family members

Personnel taking over care of those

Substance Use Treatment Options

Key Insights 1

- Reduce the stigma
- Revitalize the faith community
- Education on the warning signs of addiction & suicide before crisis
- Those with lived experience explain what works
- Educate the community on the importance of the hope problem of mental health
- Travel & go to the incarcerated & incarcerated on peer support programs, beds, etc.
- Expand access to care
- Be more for children, improve training for law enforcement

Education on recognizing substance use problems

Align with the state budget resources, some children education, all help people find their way, peer support

1 Montgomery Co. Resources

Montgomery County - Local Services

CHS - Children's Justice Center

Montgomery County Behavioral Health

The County - Public Housing, etc.

NAMI - Family Support, etc.

VA - Substance Use C.O.

The Purple - PRSD of the 7th Circuit

Yes to Youth - At risk youth services, etc.

Montgomery County Crisis Intervention Team

Division of Mental Health Courts

For RASHE Vet. Peer Support

Probation

3 Peers

Gaps Analysis Goals

- Engage and connect key stakeholders with an interest in promoting improved behavioral health in Montgomery County.
- Identify what public and private behavioral health resources currently exist in Montgomery County, including resources addressing social determinants of health, and where the gaps are.
- Ensure people with lived experience and their families are visible, vocal, and valued.
- Define and elaborate on a pathway for the community to collaborate in addressing identified needs and filling identified gaps.
- Plan key action steps/groups for stakeholders moving forward.
- Work with Texas legislators as well as local government for reform using our GAPS Analysis conclusions

Action Group 1

Collaboration between Law Enforcement and Treatment

Goal : Improve the flow of information and cross-agency collaboration between law enforcement and behavioral health in order to move people toward emotional and physical health in the least restrictive environment.

- Began addressing the barriers to services by examining the systemic issues that make the process more difficult and cumbersome.
- Examined processes in other counties that have significantly improved access to services
- Currently working to improve and shorten the process for the those individuals requiring an involuntary option for accessing in-patient treatment

Action Group 2

Community Awareness and Education

Goal: Collect data on critical behavioral health challenges in Montgomery County and address those challenges through outreach to specific audiences and education about relevant options.

- **Developed a Community Calendar to note accessible mental health training opportunities for professional as well as members of the community.**
- **Currently determining what additional information would be helpful to the community in the area of mental health and developing options for training**

Action Group 3

Peer Support

Goal: Increase number and size of peer support groups and 1x1 peer services + create a peer-run space for informal social connection.

- **Assisting Workgroups in developing peer group support networks and available resources**
- **Developing informational materials to disseminate throughout the Montgomery County on peer led options**
- **Determining the processes needed to develop a peer run space**
- **Have involved most of the peer run options in the planning and development of social connections**

Action Group 4

Housing and Community Supports

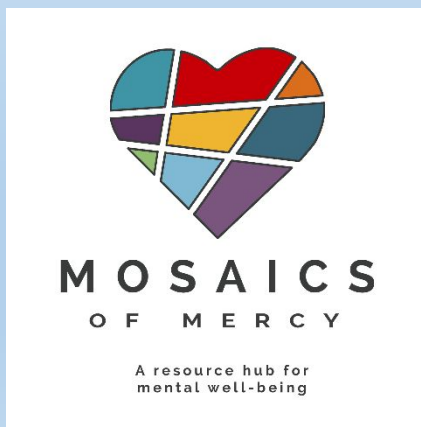
Goal: Create a blueprint – and pathways to fund housing – to increase inclusive housing options with services and supports for people with serious behavioral health disorders / mental illnesses.

- **Have reviewed the existing housing options in Montgomery County**
- **Reviewed housing programs with service arrays throughout the United States having hosted 5 program presentations with 2 additional programs planning to present to the group**
- **Have involved providers of housing options for individuals with mental health challenges public and private within Montgomery County**

RESOURCE PARTNERS



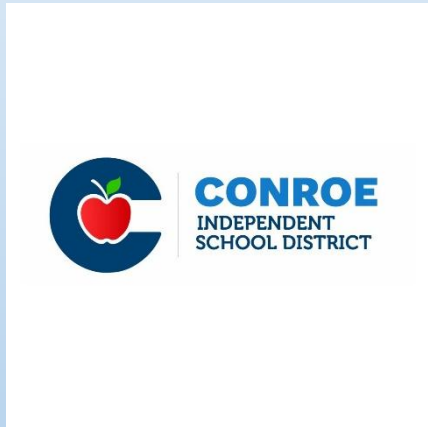
**American
Foundation
for Suicide
Prevention**



Are you or someone you know in a
mental health crisis **right now?**
CALL US FIRST- 936-539-7821



CRISIS INTERVENTION TEAM
MENTAL HEALTH DIVISION





MONTGOMERY COUNTY
SHERIFF'S OFFICE



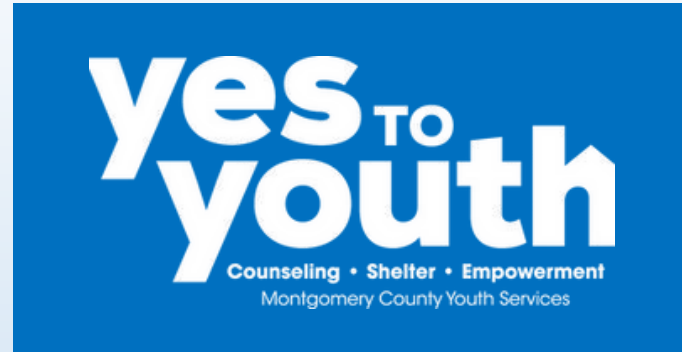
Woodland Springs

There's hope. There's help.®





Montgomery
County, **Texas**



VA



U.S. Department
of Veterans Affairs



Sprintz Center for Pain & Recovery



PROVIDE TRAINING

TALK SAVES LIVES

MENTAL HEALTH FIRST
AID

TRAIN THE TRAINER

SELF CARE

TRUST BASED
RELATIONAL
INTERVENTION
(TBRI)

COMMUNITY FORUMS

ASK –SUICIDE
PREVENTION TRAINING
FOR VETERANS

GRASP – Grief Recovery
After Substance Passing

GUN SAFETY

PRESENCE IN COMMUNITY

International Overdose Awareness Day
31 August

HOSTED BY M-COPE
Montgomery County Overdose Prevention Endeavor

Awareness, Education, Prevention & Remembrance

Tuesday, August 31, 2021
Stonebridge Church
The Youth Building
1 Stonebridge Church Dr.
The Woodlands, TX 77382

5:30 PM
Doors Open
Experience the Texas Memorial Walkway
Talk with Local Experts & Gather Resources
Enjoy Light Refreshments

6:30 PM
Narcotics Demonstration (take home a free kit)

7:00 PM
Guest Speakers
Balloon Release
Special Music Performance: Ours, Ours & Friends

State Representative Steve Toth
House District 15 – South Montgomery County
Chairman of the Board – Mighty Oaks Foundation

The Honorable Wayne L. Mack
Justice of the Peace – Justice Court One
Founder – Montgomery County Behavioral
Health & Suicide Prevention Task Force

CONTACT Sarah [281] 433-9936 sarahb11@mtc.com
www.facebook.com/overdoseawarenessday

A SPECIAL THANKS TO OUR SPONSORS

Food & Beverage Sponsor: **La Hacienda**
Texas Memorial Walkway & Signage Sponsor: **FRC POSITIVE RECOVERY CENTERS**
Balloons of Hope & Peace, Balloon Release Sponsor: **MOSAICS**
Event Underwriting: **Agape Love**



Speaker: Jay Stittleburg
A Message about Suicide Prevention

American Foundation for Suicide Prevention
OUT OF THE DARKNESS



#END OVERDOSE
2022 OVERDOSE AWARENESS DAY HOSTED BY

FREE COMMUNITY EVENT Sunday, August 28, 2022
10:00 AM - 1:00 PM
Montgomery County Overdose Prevention Endeavor

SPECIAL GUEST SPEAKERS

THANK YOU TO OUR SPONSORS FOR MAKING THIS EVENT POSSIBLE!

La Hacienda, BACK PAIR & JOINT CENTER OF TEXAS, LifeSpan, FRC POSITIVE RECOVERY CENTERS

2ND ANNUAL OVERDOSE AWARENESS WALKATHON
AUGUST 13TH 8AM-10AM
JOIN US!

We will be walking 4,000 steps in remembrance for the over 4,000 Texans that passed away last year due to opioid overdoses.

KEY SPEAKERS INCLUDE:
CONGRESSIONAL CANDIDATE MORGAN LUTTRELL AND JUDGE WAYNE MACK!

BACK PAIR & JOINT CENTER OF TEXAS, International Overdose Awareness Day, 2510 S LOOP 338 W CONROE TEXAS, 77304

PRESENTED BY: **BHSP COMMUNITY TASKFORCE** and **TEXAS A&M AGRILIFE EXTENSION**

Balancing Home Security & Gun Safety
PREVENTING TRAGEDY IN MONTGOMERY COUNTY

SAFE STORAGE, KNOW WHO TO CALL, HAVE A SAFETY PLAN

Thursday, May 26
6:30 pm - 8:30 pm
Lone Star Convention Center
Conroe, Texas

With Presentations by:
Lt. Wesley Mack - Deputy for Montgomery County Constable Precinct 1
Mom's Demand Action of The Woodlands
American Foundation for Suicide Prevention
The Honorable Judge Wayne Mack

Rsvp: bhsptaskforce@gmail.com

COMMUNITY HELP EXPO

THE BEHAVIORAL HEALTH & SUICIDE PREVENTION TASK FORCE PRESENTS
COMMUNITY HELP EXPO
 ALL ARE WELCOME

SCHEDULE OF EVENTS

- 1:00pm** Doors Open
- 1:30pm** Community Conversations
- 1:30pm *Mental Health in The World of COVID-19*
- 2:30pm *Trauma Informed Care / Trust Based Relational Intervention*
- 3:30pm *Tough Conversations with Teens about Depression & Suicide*
- 4:30pm *Talk Saves Lives*
- 5:30pm** Panel Discussion on Behavioral Health & Suicide Prevention
 BHSP Celebration / Call for Volunteers
- 6:30pm** Keynote Speaker Kevin Hines
- 7:30pm** Closing Comments

ART EXHIBIT & RESOURCE FAIR

All Day The Art Exhibit and Resource Fair will be in the foyer.



November 12 // 1pm to 8pm
 Lone Star Convention & Expo Center
 9055 Airport Road, Conroe, TX 77303

kevinhinesstory.com



Please Register to Attend In-Person or Virtually at:
communityhelp.org



CALL TO ARTISTS

Lone Star Convention Center // 9055 Airport Rd, Conroe, Texas
 Thursday, November 12, 2020





BACK TO COLLABORATION



**We are creating a community
culture where**

It's OK not to be OK

YOU ARE NOT

ALONE

JOIN THE
COMMUNITY



WHO IS **BHSP**?

A Volunteer-based Task Force in Montgomery County, Texas along with neighboring counties, coming together to help connect Mental Health Resources to the Community.

➔ **We Raise Awareness**

It is our mission to inspire our community to make mental health a priority.

➔ **We Partner**

We are dedicated to establishing relationships with vetted and trusted resources.

➔ **We Connect & Share**

We strive to fill in the information gaps for those navigating choices for mental health care.

➔ **We Service**

BHSP Volunteers have heart and soul that drives the mission. Join us at the Behavioral Health & Suicide Prevention Task Force!



SUPPORT



RESOURCES

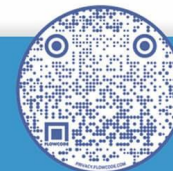


SOLUTIONS



You Are Not Alone.

communityhelp.org





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BEHAVIORAL HEALTH AND
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www.communityhelp.org