# MONTGOMERY COUNTY BEHAVIORAL HEALTH AND SUICIDE PREVENTION TASK FORCE



# BEHAVIORAL HEALTH & SUICIDE PREVENTION TASK FORCE

MONTGOMERY COUNTY DIVISION

#### CALL TO ACTION MEETING

Please Join Us On Thursday, May 16th 8:00 a.m. to 12:00 p.m.

> Convention Center 9055 Airport Rd. Conroe, TX 77303

Schedule of Events: 8:00 a.m. - 9:00 a.m. Networking & Refreshments

> 9:00 a.m. - 12:00 p.m. Presentations by Various Community Leaders

This event is open to all interested in supporting the Montgomery County Community





#### Presentations by:

Judge Wayne Mack Justice of the Peace, Precinct 1

Paul E. Sirbaugh, DO, MBA Chief Medical Officer, Texas Children's Hospital, The Woodlands

Julie B. Kaplow, Ph.D., A.B.P.P. Head of Psychology, Department of Pediatrics, Baylor College of Medicine

Jeremy Sprott, LPC CEO, Mental Health Solutions

James Herrin, M.D. Herrin Pediatrics

Kim Hess President, Cassidy Joined for Hope

Gary Buckaloo Lead Pastor, Church of the Good Soldier

Evan Roberson Executive Director, Tri-County Behavioral Healthcare

Dannette Suding GEO, Yes to Youth

Ken Schlenker, M.Div., B.C.C.C., B.C.E.C.R, B.C.S.M. Director Chaplain Programs, Professor, Grace School of Theology, Diplomate, American Academy of Experts Traumatic Stress President, CAREForce.us

Philip Cash Constable, Precinct 1

Kelly Locke, LPC Mental Health Specialist, Conroe ISE

RSVP: bhsptaskforcemc@gmail.com













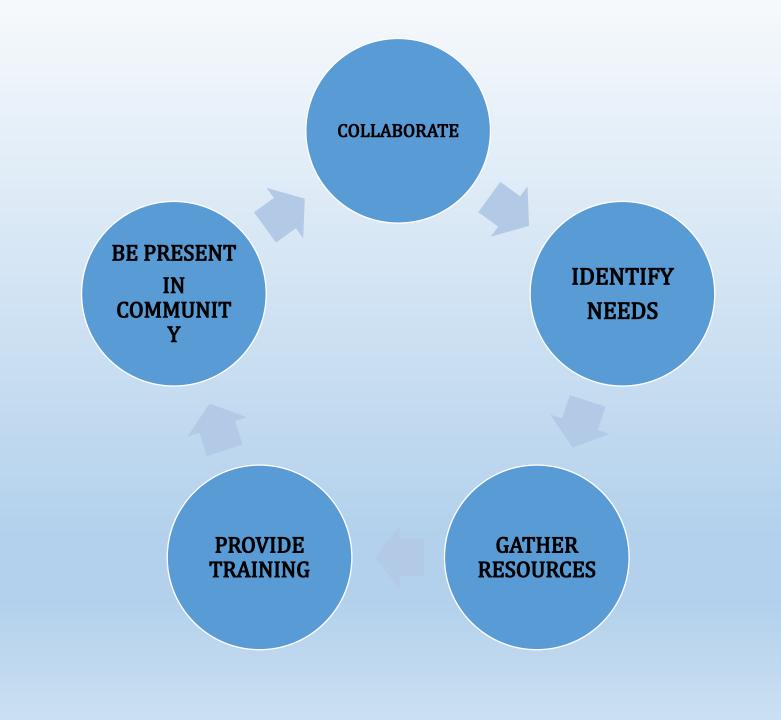








### WHERE DID WE START?



### COLLABORATE

















#### BHSP MISSION STATEMENT

THE BHSP TASK FORCE exists to create a happier, healthier community by raising awareness about behavioral health and suicide through education, prevention and connections.

#### **WORK GROUPS**

MISSION AND VISION

**ADDICTION** 

**ADULT SUICIDE** 

BUUILDING STRONGER COMMUNITIES

FIRST RESPONDERS

MAJOR MENTAL HEALTH

MARKETING/
COMMUNICATIONS/
TECHNOLOGY

**MILITARY CONNECTED** 

NEURODIVERSITY/IDD/ AUTISM/SPECIAL NEEDS

PEDIATRIC SUICIDE (UNDER 18)

RESOURCES & IMPLEMENTATION

TRAINING &
COMMUNITY
DEVELOPMENT

**TRAUMA & GRIEF** 

## **IDENTIFY NEEDS**

#### BHSP "Mothership" meetings





#### **Work Group meetings**









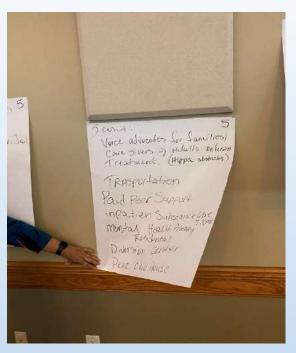
# Gaps Analysis

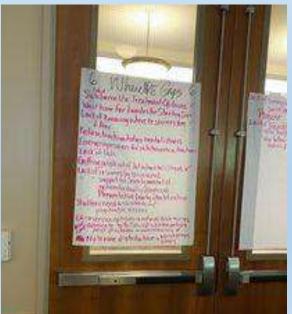




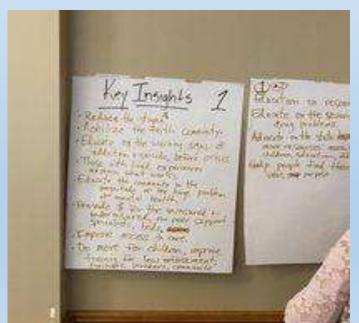


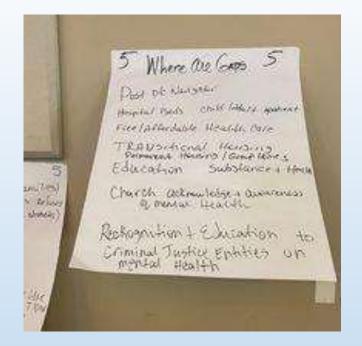


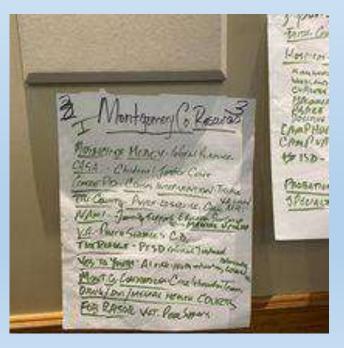












### Gaps Analysis Goals

- Engage and connect key stakeholders with an interest in promoting improved behavioral health in Montgomery County.
- Identify what public and private behavioral health resources currently exist in Montgomery County, including resources addressing social determinants of health, and where the gaps are.
- Ensure people with lived experience and their families are visible, vocal, and valued.
- Define and elaborate on a pathway for the community to collaborate in addressing identified needs and filling identified gaps.
- Plan key action steps/groups for stakeholders moving forward.
- Work with Texas legislators as well as local government for reform using our GAPS Analysis conclusions

# Action Group 1 Collaboration between Law Enforcement and Treatment

Goal: Improve the flow of information and cross-agency collaboration between law enforcement and behavioral health in order to move people toward emotional and physical health in the least restrictive environment.

- Began addressing the barriers to services by examining the systemic issues that make the process more difficult and cumbersome.
- Examined processes in other counties that have significantly improved access to services
- Currently working to improve and shorten the process for the those individuals requiring an involuntary option for accessing in-patient treatment

# Action Group 2 Community Awareness and Education

Goal: Collect data on critical behavioral health challenges in Montgomery County and address those challenges through outreach to specific audiences and education about relevant options.

- Developed a Community Calendar to note accessible mental health training opportunities for professional as well as members of the community.
- Currently determining what additional information would be helpful to the community in the area of mental health and developing options for training

# Action Group 3 Peer Support

Goal: Increase number and size of peer support groups and 1x1 peer services + create a peer-run space for informal social connection.

- Assisting Workgroups in developing peer group support networks and available resources
- Developing informational materials to disseminate throughout the Montgomery County on peer led options
- Determining the processes needed to develop a peer run space
- Have involved most of the peer run options in the planning and development of social connections

# Action Group 4 Housing and Community Supports

Goal: Create a blueprint – and pathways to fund housing – to increase inclusive housing options with services and supports for people with serious behavioral health disorders / mental illnesses.

- Have reviewed the existing housing options in Montgomery County
- Reviewed housing programs with service arrays throughout the United States having hosted 5 program presentations with 2 additional programs planning to present to the group
- Have involved providers of housing options for individuals with mental health challenges public and private within Montgomery County

## **RESOURCE PARTNERS**







American
Foundation
for Suicide
Prevention

















































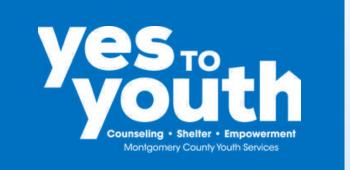


### Woodland Springs

There's hope. There's help."





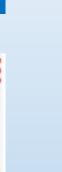






U.S. Department of Veterans Affairs















#### **Sprintz Center for Pain & Recovery**





### **PROVIDE TRAINING**

**TALK SAVES LIVES** 

MENTAL HEALTH FIRST AID

TRAIN THE TRAINER

**SELF CARE** 

TRUST BASED
RELATIONAL
INTERVENTION
(TBRI)

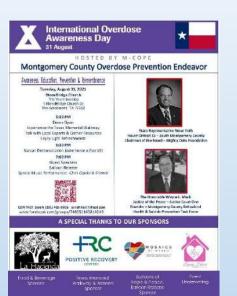
**COMMUNITY FORUMS** 

ASK –SUICIDE
PREVENTION TRAINING
FOR VETERANS

**GRASP – Grief Recovery After Substance Passing** 

**GUN SAFETY** 

### PRESENCE IN COMMUNITY















#### **COMMUNITY HELP EXPO**

#### COMMUNITY HELP EXPO

ALL ARE WELCOME

#### **SCHEDULE OF EVENTS**

1:00pm Doors Open

1:30pm Community Conversations

Mental Health in The World of COVID-19

2:30pm

Trauma Informed Care / Trust Based Relational Intervention Tough Conversations with Teens about Depression & Suicide 3:30pm

4:30pm Talk Saves Lives

5:30pm Panel Discussion on Behavioral Health & Suicide Prevention

BHSP Celebration / Call for Volunteers

Keynote Speaker Kevin Hines

Closing Comments 7:30pm

#### **ART EXHIBIT & RESOURCE FAIR**

All Day The Art Exhibit and Resource Fair will be in the foyer.



November 12 // 1pm to 8pm

Lone Star Convention & Expo Center 9055 Airport Road, Conroe, TX 77303



Please Register to Attend In-Person or Virtually at: communityhelp.org























#### BACK TO COLLABORATION

















# We are creating a community culture where

# It's OK not to be OK

# YOU ARE NOT



#### WHO IS **BH5**?

A Volunteer-based Task Force in Montgomery County, Texas along with neighboring counties, coming together to help connect Mental Health Resources to the Community.

- We Raise Awareness It is our mission to inspire our community to make mental health a priority.
- We Connect & Share
  We strive to fill in the
  information gaps for those
  navigating choices for
  mental health care.

#### We Partner

We are dedicated to establishing relationships with vetted and trusted resources.

#### We Service

BHSP Volunteers have heart and soul that drives the mission. Join us at the Behavioral Health & Suicide Prevention Task Force!



SUPPORT



RESOURCES



SOLUTIONS







# MONTGOMERY COUNTY BEHAVIORAL HEALTH AND SUICIDE PREVENTION TASK FORCE



www.communityhelp.org