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Working with Local Coalitions to Improve Suicide Prevention Outcomes

**The Office of Mental
Health Coordination**

Overview



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- RYSE overview
- Local coalitions and suicide prevention outcomes

Project RYSE (1 of 3)

Resilient Youth Safer Environments (RYSE)

- Five-year youth suicide prevention grant 2019-2024.
- Creates comprehensive Suicide Safer Early Intervention and Prevention Systems aimed at supporting youth-serving organizations.
- Grant supports youth 10-24 years old in Galveston County.



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Project RYSE (2 of 3)

Resilient Youth Safer Environments (RYSE)

- Annual award of \$736,000 to HHSC from the Substance Abuse and Mental Health Services Administration.
- State partnerships include Gulf Coast Center, Region 4 Education Service Center, Texas Suicide Prevention Collaborative and the Texas Institute of Excellence in Mental Health at UT (UT-TIEMH).



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Project RYSE

(3 of 3)

Resilient Youth Safer Environments (RYSE)

- Care Navigator, Suicide Prevention Specialist, and Youth Mobile Crisis Outreach Team provide services in Galveston County.
- Established the Galveston County Suicide Prevention Coalition.



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Working with Local Coalitions

- Why coalitions?
 - Suicide is a complex public health issue that requires ongoing collaboration among many sectors
 - Shared responsibility
 - Importance of relationships



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Working with Local Coalitions

- How are effective coalitions formed and maintained?
 - Form a partnership
 - Establish a purpose
 - Mission/vision
 - Specific to the unique needs of community
 - Start small and build momentum



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Working with Local Coalitions

- Recruit the right people
 - Independent school districts (ISDs)
 - Faith-based
 - First responders
 - Mental health
 - Veterans
 - Medical professionals
 - Higher education
 - Social service agencies
 - Crisis teams
 - Relevant organizations (substance use, NAMI)
 - Impacted survivors
 - Anyone who supports the mission and vision



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Working with Local Coalitions

- Develop a successful structure
 - Coalition/task force/council
 - Leadership/roles
 - Subcommittees/workgroups
 - Clear expectations
 - Sustainability
 - Highlight successes!



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Working with Local Coalitions

- Conduct activities and maintain engagement
 - Strategic plans
 - Data-driven
 - Clear, measurable objectives
 - Outreach, training, education
 - Communication
 - Social media, emails
 - Community mapping
 - Bring in partners to assist



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Outcomes

- How do coalitions improve suicide prevention outcomes?
 - Identify resources and support services.
 - Work to close gaps and meet unique needs.
 - Streamline pathway to care.
 - Strengthen relationships.
 - Determine training opportunities.



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Galveston County Suicide Prevention Coalition Successes

- Representation from over 15 diverse agencies and educational entities.
- Coalition engagement has expanded training opportunities in suicide prevention.
- Monthly guest speakers highlight resources and information.



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Other Considerations

- Connect with coalition leadership at the state level
 - Texas Suicide Prevention Collaborative
 - <https://texassuicideprevention.org/coalition-resources/local-coalition-partners/>
- Connect with neighboring coalitions
 - Resource sharing
 - Training opportunities



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QUESTIONS?

Thank You



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