

# Suicide Prevention in Texas

- ◆ Overview of Texas Youth Suicide Prevention Project
  - ◆ Texas Suicide Prevention Council – Annual Report 2007

June 10, 2008

# Texas Youth Suicide Prevention Project

- ◆ Purpose – to advance the Texas State Plan for Suicide Prevention
- ◆ Pilot a primary care / research initiative in San Antonio with military families
- ◆ Provide training in suicide prevention
- ◆ Support collaborative efforts to increase public awareness



# Texas Youth Suicide Prevention Project

## Key Partners

**Texas Department of State Health Services** - Project oversight & fiscal agent

**Center for Health Care Services, San Antonio** - Identify at-risk military dependents and provide referrals for services. Suicide prevention training

**Mental Health America of Texas** - Statewide suicide prevention training and public awareness. Information and education

**Texas Suicide Prevention Council** - State and community partners to advance the Texas State Plan for Suicide Prevention

**Substance Abuse and Mental Health Administration** - Federal oversight agency



# Texas Youth Suicide Prevention Project

Center for Health Care Services, San Antonio

- 1) Identify children & adolescent military dependents at risk for suicide in a setting where mental health conditions might not be recognized
- 2) Provide referrals for community support & mental health services to each participant
- 3) Identify the utility of instruments used in suicidal assessment for this population
- 4) Assess the effectiveness of the referral system for youth identified as having at-risk issues associated with depression and suicidality

Participants: military dependents ages 10-19 from Brooke Army Medical Center pediatric or adolescent clinic, and students in Fort Sam Houston ISD grades 5-12

# Texas Youth Suicide Prevention Project

## Mental Health America of Texas

### Training & Public Awareness - 2007

\* Trained and certified

**27** new suicide prevention Instructors in QPR curriculum (Question/Persuade/Refer)

\* **1,876** new suicide prevention gatekeepers trained in schools, juvenile probation departments and communities

\* **1** Statewide Suicide Prevention Conference

\* **14** suicide prevention collaborative meetings

\* **20** presentations/workshops,

\* **29** media interviews/articles,

\* **27** consultations

\* **20** policy activities

\* **7** exhibits

# Texas Youth Texas Youth Suicide Prevention Project

## Mental Health America of Texas

### Information & Education - 2007

- \* Distributed **23,200** bilingual brochures and other information materials
  - *Your Child's Mental Health*
  - *Suicide Prevention, A Parent & Teen Guide to Recognizing Suicide Warning Signs*
  - *Is a Young Person Trying to Tell You Something?*
- \* Online Suicide Prevention Materials  
Posted at [www.TexasSuicidePrevention.org](http://www.TexasSuicidePrevention.org)
- \* **66 Toolkits** distributed –  
"Coming Together to Care, A Suicide Prevention Toolkit for Texas Communities" and posted online

# **Texas Suicide Prevention Council Annual Report**

**Reported on June 10, 2008**

**Coming Together To Care:**

**Texas Suicide Prevention Symposium**

to the more than 150 people attending  
from across Texas

# Texas Suicide Prevention Council

## Local Coalitions & 18 Statewide Organization Partners

- ◆ Advocacy, Inc.
- ◆ American Association of University Women
- ◆ Depression Bipolar Support Alliance of Texas
- ◆ Governor's Emergency Management and Trauma Advisory Council
- ◆ Jason Foundation at The Oaks
- ◆ Mental Health America of Texas
- ◆ Montrose Counseling Center (representing GLBT groups)
- ◆ National Alliance for Mental Illness of Texas
- ◆ National Association of Social Workers / Texas
- ◆ Texas Association for Marriage & Family Therapists
- ◆ Texas Council of Community MHMR Centers
- ◆ Texas Department of Family & Protective Services
- ◆ Texas Department of State Health Services
- ◆ Texas Health & Human Services Commission
- ◆ Texas Juvenile Probation Commission
- ◆ Texas Mental Health Consumers
- ◆ Texas Psychological Association
- ◆ Texas Parent Teacher Association



# Statewide Organization Activities

## ◆ Suicide prevention grants:

\*4 Organizations received suicide prevention associated grants

## ◆ Public Information & Awareness:

6 Organizations Have Crisis Information /Links on Websites

8 Distributed Brochures

12 involved in Media Relations

## ◆ Public education on mental health and suicide issues: **17**

organizations provided public education on mental health and suicide issues & infrastructure needs

## ◆ Conference presentations & workshops on suicide prevention:

**11** Organizations Had Conference Presentations or Workshops on Suicide Prevention

## ◆ Gatekeeper Training:

**10** Organizations Supported Gatekeeper Training

### *SPECIAL NOTE:*

*\* Texas Juvenile Probation Commission has incorporated gatekeeper training throughout it's organization*

*\* Texas Department of State Health Services and the Texas Council of MHMR Centers has incorporated gatekeeper training in local MHMRAs throughout the state.*

# Texas Has 11 Local Suicide Prevention Coalitions

- ◆ Austin Travis-County
- ◆ Bastrop
- ◆ Dallas
- ◆ Fort Worth/Tarrant County
- ◆ Highland Lakes (Marble Falls)
- ◆ Hill Country (Kerrville/Fredericksburg)
- ◆ Houston/Harris County Suicide Prevention Coalition
- ◆ Southeast Texas (Beaumont)
- ◆ San Antonio
- ◆ Heart of Texas (Waco)
- ◆ San Marcus

# Local Coalition Activities \* = increase

from last yr

## ◆ Coalition meetings & Public Awareness

9 Coalitions Involved in Public Awareness Outreach & Media Relations

## ◆ Gatekeeper training

\* 9 Coalitions Are Involved in Gatekeeper Training

## ◆ Survivors of Suicide Support

\* 6 Coalitions Have Survivors of Suicide Groups

## ◆ Surveillance & Data Collection :

\* 2 Coalitions Involved in Data Collection Projects

## ◆ Advocacy & Public Education

All of the coalitions have supported advocacy and the development of mental health and suicide prevention infrastructure.

Special note: **The Austin-Travis County Coalition** through collaboration with the American Foundation for Suicide Prevention, local school districts, Austin Travis County MHMR, Seton Hospital, PTA, Victim's Services and local health and mental health advocates and providers made significant steps in data collection, surveillance and postvention.

