

Best Practices Registry List

Suicide Prevention Resource Center

The Best Practice Registry (BPR) is a collaboration between the Suicide Prevention Resource Center (SPRC) and the American Foundation for Suicide Prevention (AFSP). Funding is provided by the Substance Abuse and Mental Health Services Administration (SAMHSA).

For the most recent version of this list, which includes hot links, go to:
<http://www2.sprc.org/bpr/index>

As of February 2012:

SECTION I: Evidence Based Programs

Section I Listings: Evidence-Based Programs

The list below includes suicide-related interventions currently listed on NREPP and those previously identified by the EBPP. (Several programs are listed on both registries.) NREPP-listed programs are linked to the program description on the NREPP website. EBPP program information is provided in a program fact sheet (PDF format).

National Registry of Evidence-based Programs and Practices (NREPP)

Education & Training

- [American Indian Life Skills Development/Zuni Life Skills Development \(NREPP\)](#)
- [CARE \(Care, Assess, Respond, Empower\) \(NREPP\)](#)
- [CAST \(Coping and Support Training\) \(NREPP\)](#)
- [Emergency Department Means Restriction Education \(NREPP\)](#)
- [Emergency Room Intervention for Adolescent Females \(NREPP\)](#)
- [Lifelines Curriculum \(NREPP\)](#)
- [Reconnecting Youth \(NREPP\)](#)
- [United States Air Force Suicide Prevention Program \(NREPP\)](#)

Treatment (limited to psychotherapies)

- [Brief Psychological Intervention after Deliberate Self-Poisoning \(PDF\)](#)
- [Dialectical Behavior Therapy \(NREPP\)](#)
- [Multisystemic Therapy With Psychiatric Supports \(MST-Psychiatric\) \(NREPP\)](#)
- [PROSPECT \(Prevention of Suicide in Primary Care Elderly: Collaborative Trial\) \(NREPP\)](#)

Screening

- [Columbia University TeenScreen \(NREPP\)](#)

Guidelines & Protocols

- [Reduced Analgesic Packaging \(PDF\)](#)

Education & Training, Screening

[SOS Signs of Suicide \(NREPP\)](#)

SECTION III: Adherence to Standards

Programs, Practices, and Policies that Adhere to Standards

(listed by type of practice, then alphabetically)

Education & Training

Survivor Voices: Sharing the Story of Suicide Loss (PDF)	NAMI New Hampshire
Applied Suicide Intervention Skills Training (ASIST) (PDF)	LivingWorks
Army ACE Suicide Intervention Program (PDF)	U.S. Army
Ask 4 Help Suicide Prevention for Youth (PDF)	Yellow Ribbon Suicide Prevention Program
Assessing and Managing Suicide Risk: Core Competencies (AMSR) (PDF)	SPRC Training Institute
At-Risk for High School Educators (PDF)	Kognito Interactive
At-Risk for University and College Faculty: Identifying and Referring Students in Mental Distress (PDF)	Kognito Interactive
At-Risk for University and College Students (PDF)	Kognito Interactive
At-Risk in the ED (PDF)	Kognito Interactive
Be A Link Suicide Prevention Gatekeeper Training (PDF)	Yellow Ribbon Suicide Prevention Program
CALM: Counseling on Access to Lethal Means (PDF)	Prevention Center at Children's Hospital at Dartmouth
Campus Connect: A Suicide Prevention Training for Gatekeepers (PDF)	Syracuse University
Connect Suicide Postvention Program (PDF)	NAMI New Hampshire
Connect Suicide Prevention Program (PDF)	NAMI New Hampshire
EndingSuicide.com (PDF)	Med Student Learning
Family of Heroes: Training for Family Members of Veterans (PDF)	Kognito Interactive
Gryphon Place Gatekeeper Suicide Prevention Program-A Middle School Curriculum (PDF)	Gryphon Place
Healthy Education for Life (HELP) (PDF)	Heartline Oklahoma
Helping Every Living Person (HELP) Depression and Suicide Prevention Curriculum (PDF)	Washington Youth Suicide Prevention Program
High School Gatekeeper Curriculum (PDF)	Gryphon Place
How Not To Keep A Secret (PDF)	Youth Health Connection
Late Life Suicide Prevention Toolkit (PDF)	Canadian Coalition for Seniors' Mental Health
LEADS for Youth: Linking Education and Awareness of Depression and Suicide (PDF)	Suicide Awareness Voices of Education
Let's Talk Gatekeeper Training (PDF)	Massachusetts Department of Public Health
LifeSavers Training (PDF)	LifeSavers Training Corporation
LOOK LISTEN LINK: A Health Curriculum for Middle School (PDF)	Washington Youth Suicide Prevention Program
Making Educators Partners in Youth Suicide Prevention (PDF)	Society for the Prevention of Teen Suicide
More Than Sad: Suicide Prevention Education for Teachers and Other School Personnel (PDF)	American Foundation for Suicide Prevention
More Than Sad: Teen Depression (PDF)	American Foundation for Suicide Prevention
Operation S.A.V.E.: VA Suicide Prevention Gatekeeper Training (PDF)	Veterans Administration

QPR Suicide Risk Assessment and Management Training (PDF)	QPR Institute
Question, Persuade, Refer (QPR) Gatekeeper Training for Suicide Prevention (PDF)	QPR Institute
Recognizing and Responding to Suicide Risk in Primary Care (RRSR—PC) (PDF)	American Association of Suicidology
Recognizing and Responding to Suicide Risk: Essential Skills for Clinicians (PDF)	American Association of Suicidology
Response: A Comprehensive High School-based Suicide Awareness Program (PDF)	ColumbiaCare
Safety Plan Treatment Manual to Reduce Suicide Risk: Veteran Version (PDF)	Department of Veterans Affairs
School Suicide Prevention Accreditation (PDF)	American Association of Suicidology
SOS Signs of Suicide Middle School Program (PDF)	Screening for Mental Health, Inc.
Sources of Strength (PDF)	Sources of Strength, Inc.
Student Support Network (PDF)	Worcester Polytechnic Institute
Suicide Alertness for Everyone (safeTALK) (PDF)	LivingWorks
Suicide Prevention Multicultural Competence Kit (PDF)	PACE University Counseling Center
Suicide Prevention Training for Gatekeepers of Older Adults (PDF)	Samaritans of Merrimack Valley, MA
Teens for Life (PDF)	Crisis Support Services of Alameda County, CA
The DORA College Program (Depression OutReach Alliance) (PDF)	Screening for Mental Health, Inc.
Working Minds: Suicide Prevention in the Workplace (PDF)	Carson J Spencer Foundation

Awareness/Outreach

"Is Your Patient Suicidal?" Emergency Department Poster and Clinical Guide (PDF)	Suicide Prevention Resource Center
After an Attempt: A Guide for Medical Providers in the Emergency Department Taking Care of Suicide Attempt Survivors (PDF)	National Suicide Prevention Lifeline
After an Attempt: A Guide for Taking Care of Your Family Member After Treatment in the Emergency Department (PDF)	National Suicide Prevention Lifeline
After an Attempt: A Guide for Taking Care of Yourself After Your Treatment in the Emergency Department (PDF)	National Suicide Prevention Lifeline
Depression and Bipolar Wellness Guides for Parents and Teens (PDF)	Families for Depression Awareness
Depression Wellness Guide for Adults with Depression and their Family and Friends (PDF)	Families for Depression Awareness
Not My Kid: What Parents Should Know About Teen Suicide (PDF)	Society for the Prevention of Teen Suicide
Parents as Partners: A Suicide Prevention Guide for Parents (PDF)	Suicide Awareness Voices of Education (SAVE)
Preventing Transgender Suicide: An Introduction for Providers (PDF)	Massachusetts Department of Public Health
Saving Our Lives: Transgender Suicide Myths, Reality and Help (PDF)	Massachusetts Department of Public Health

Suicide: Coping with the Loss of a Friend or Loved One (PDF)	Suicide Awareness Voices of Education (SAVE)
Supporting Survivors of Suicide Loss: A Guide for Funeral Directors (PDF)	SPAN USA
What is Depression? How to Treat It and What to Do--A Suicide Prevention Guide for Young People (PDF)	Suicide Awareness Voices of Education (SAVE)

Guidelines & Protocols

After a Suicide: A Toolkit for Schools (PDF)	American Foundation for Suicide Prevention & Suicide Prevention Resource Center
Lifelines Postvention: Responding to Suicide and Other Traumatic Death (PDF)	Hazelden
Riverside Trauma Center Postvention Protocols (PDF)	Riverside Trauma Center
Suicide Assessment Five-Step Evaluation and Triage (SAFE-T) (PDF)	Screening for Mental Health
Youth Suicide Prevention School-based Guide Checklists (PDF)	Louis de la Parte Florida Mental Health Institute, University of South Florida
Youth Suicide Prevention, Intervention, and Postvention Guidelines: A Resource for School Personnel (PDF)	The Maine Youth Suicide Prevention Program

Screening

Interactive Screening Program (PDF)	American Foundation for Suicide Prevention
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ADDENDUM

Potential Candidate for Promising Practice Designation: This Texas program is in the process of becoming Promising Practice or Best Practice program: ASK about Suicide to Save a Life (Mental Health America of Texas.)