

# Suicide Prevention Resource List for African Americans

## AAS (American Association of Suicidolgy)

- African American Suicide Factsheet  
[http://www.suicidology.org/c/document\\_library/get\\_file?folderId=262&name=DLFE-528.pdf](http://www.suicidology.org/c/document_library/get_file?folderId=262&name=DLFE-528.pdf)

## SAMHSA (Substance Abuse and Mental Health Services Administration)

- Keeping Your Teens Drug-Free: A Guide for African American Parents and Caregiver  
<http://store.samhsa.gov/product/Keeping-Your-Teens-Drug-Free-A-Guide-for-African-American-Parents-and-Caregivers/PHD1116>
- Substance Abuse Among Black Adolescents  
[http://www.samhsa.gov/data/2k11/WEB\\_SR\\_004/SubsUse\\_Among\\_Black\\_Adolscnts.pdf](http://www.samhsa.gov/data/2k11/WEB_SR_004/SubsUse_Among_Black_Adolscnts.pdf)

## NMHA (National-Mental Health of America)

- Depression and African Americans  
<http://www.mentalhealthamerica.net/index.cfm?objectId=C7DF94D0-1372-4D20-C8464F9E181D55D8>
- Bipolar Disorder and African Americans  
<http://www.nmha.org/index.cfm?objectId=C7DF8995-1372-4D20-C85ABFB47A928F11>
- African American Communities and Mental Health  
<http://www.nmha.org/go/action/policy-issues-a-z/cultural-competence/african-american-communities-and-mental-health>

## NIMH (National Institute of Mental Health)

- Black Teens, Especially Girls, at High Risk for Suicide Attempt  
<http://www.nimh.nih.gov/science-news/2009/black-teens-especially-girls-at-high-risk-for-suicide-attempts.shtml>
- African Americans, Black Caribbeans, and Whites Differ in Depression Risk, Treatment  
<http://www.nimh.nih.gov/science-news/2007/african-americans-black-caribbeans-and-whites-differ-in-depression-risk-treatment.shtml>

## SPRC (Suicide Prevention Resource Center)

- Suicide and Church Attendance among African Americans and Black Caribbeans

<http://sprc.org/news-events/the-weekly-spark/research/suicide-and-church-attendance-among-african-americans-and-blac>

- Suicide Among Racial/Ethnic Populations in the U.S.: *Blacks*  
<http://sprc.org/sites/sprc.org/files/library/BlacksFactSheet.pdf>

### **National Organization for People of Color Against Suicide**

- NOPCAS home page -  
<http://www.nopcas.com/index.html>
- The epidemiology of suicidal behavior among African Americans -  
<http://www.nopcas.com/epidemi.html>