MONTGOMERY COUNTY
BEHAVIORAL HEALTH AND SUICIDE PREVENTION TASK FORCE
BEHAVIORAL HEALTH & SUICIDE PREVENTION TASK FORCE
MONTGOMERY COUNTY DIVISION
CALL TO ACTION MEETING

Please Join Us On Thursday, May 16th 8:00 a.m. to 12:00 p.m.

Lone Star Convention Center
9055 Airport Rd.
Conroe, TX 77303

Schedule of Events:
8:00 a.m. - 9:00 a.m. Networking & Refreshments
9:00 a.m. - 12:00 p.m. Presentations by Various Community Leaders

Presentations by:
Judge Wayne Mack
Justice of the Peace, Precinct 1
Paul E. Sirbaugh, DO, MBA
Chief Medical Officer, Texas Children’s Hospital, The Woodlands
Julie B. Kaplow, Ph.D., A.B.P.P.
Head of Psychology, Department of Pediatrics, Baylor College of Medicine
Jeremy Sprott, LPC
CEO, Mental Health Solutions
James Herrin, M.D.
Herrin Pediatrics
Kim Hess
President, Cassidy Joined for Hope
Gary Buckalo
Lead Pastor, Church of the Good Soldier
Evan Roberson
Executive Director, Tri-County Behavioral Healthcare
Dannette Suding
CEO, Yes to Youth
Ken Schlenker, M.Div., B.C.C.C., B.C.E.C.R., B.C.S.M
Director, Chaplain Programs, Professor, Grace School of Theology, Diplomate, American Academy of Experts Traumatic Stress President, CAREForce
Philip Cash
Constable, Precinct 1
Kelly Locke, LPC
Mental Health Specialist, Conroe ISD

RSVP: bhsptaskforceems@gmail.com

This event is open to all interested in supporting the Montgomery County Community
WHERE DID WE START?
COLLABORATE
THE BHSP TASK FORCE exists to create a happier, healthier community by raising awareness about behavioral health and suicide through education, prevention and connections.
IDENTIFY NEEDS

BHSP “Mothership” meetings

Work Group meetings
Gaps Analysis
Where Are the Gaps

Potential Solutions

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- Increased funding for education and training
- Enhanced access to mental health services
- Improved infrastructure and technology
- Enhanced community support systems

Key Insights

- Increased mental health awareness
- Enhanced community support systems
- Improved access to mental health services
- Enhanced economic opportunities
- Improved public safety and security

Montgomery's Resilience

- Increased community involvement
- Enhanced mental health awareness
- Improved access to mental health services
- Enhanced economic opportunities
- Improved public safety and security
Gaps Analysis Goals

• Engage and connect key stakeholders with an interest in promoting improved behavioral health in Montgomery County.

• Identify what public and private behavioral health resources currently exist in Montgomery County, including resources addressing social determinants of health, and where the gaps are.

• Ensure people with lived experience and their families are visible, vocal, and valued.

• Define and elaborate on a pathway for the community to collaborate in addressing identified needs and filling identified gaps.

• Plan key action steps/groups for stakeholders moving forward.

• Work with Texas legislators as well as local government for reform using our GAPS Analysis conclusions.
Action Group 1
Collaboration between Law Enforcement and Treatment

Goal: Improve the flow of information and cross-agency collaboration between law enforcement and behavioral health in order to move people toward emotional and physical health in the least restrictive environment.

• Began addressing the barriers to services by examining the systemic issues that make the process more difficult and cumbersome.
• Examined processes in other counties that have significantly improved access to services
• Currently working to improve and shorten the process for the those individuals requiring an involuntary option for accessing in-patient treatment
Action Group 2
Community Awareness and Education

Goal: Collect data on critical behavioral health challenges in Montgomery County and address those challenges through outreach to specific audiences and education about relevant options.

• Developed a Community Calendar to note accessible mental health training opportunities for professional as well as members of the community.

• Currently determining what additional information would be helpful to the community in the area of mental health and developing options for training
Action Group 3
Peer Support

Goal: Increase number and size of peer support groups and 1x1 peer services + create a peer-run space for informal social connection.

• Assisting Workgroups in developing peer group support networks and available resources
• Developing informational materials to disseminate throughout the Montgomery County on peer led options
• Determining the processes needed to develop a peer run space
• Have involved most of the peer run options in the planning and development of social connections
Action Group 4
Housing and Community Supports

Goal: Create a blueprint – and pathways to fund housing – to increase inclusive housing options with services and supports for people with serious behavioral health disorders / mental illnesses.

• Have reviewed the existing housing options in Montgomery County
• Reviewed housing programs with service arrays throughout the United States having hosted 5 program presentations with 2 additional programs planning to present to the group
• Have involved providers of housing options for individuals with mental health challenges public and private within Montgomery County
RESOURCE PARTNERS

- NATIONAL SUICIDE PREVENTION LIFELINE
  1-800-273-TALK (8255)
  suicidepreventionlifeline.org

- NAMI
  National Alliance on Mental Illness

- American Foundation for Suicide Prevention

- BHSP COMMUNITY TASKFORCE
  BEHAVIORAL HEALTH & SUICIDE PREVENTION

- MOSAICS OF MERCY
  A resource hub for mental well-being

- Tri-County Behavioral Healthcare
  24 Hour Crisis Line:
  1 (800) 659-6994

- Are you or someone you know in a mental health crisis right now?
  CALL US FIRST - 936-539-7821

- CRISIS INTERVENTION TEAM
  MENTAL HEALTH DIVISION
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<td>ASK – SUICIDE PREVENTION TRAINING FOR VETERANS</td>
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<td>GRASP – Grief Recovery After Substance Passing</td>
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PRESENCE IN COMMUNITY

International Overdose Awareness Day
31 August

Montgomery County Overdose Prevention Endeavor

Speaker: Jay Stittleburg
A Message about Suicide Prevention

2ND ANNUAL OVERDOSE AWARENESS WALKATHON
AUGUST 13TH 8AM-10AM
JOIN US!
We will be walking 4,000 steps in remembrance for the over 4,000 Texans that passed away last year due to opioid overdoses.

KEY SPEAKERS INCLUDE:
CONGRESSIONAL CANDIDATE
MORGAN LITTELL
AND
JUDGE WAYNE MACK!

Balancing Home Security & Gun Safety

Presented by:
BNSF Railway
Deloitte

With Presentations by:
L1 Wesley Host - Deputy Montgomery County Constable Pct 1
Meris Vandella-Acton of The Woodlands
American Foundation for Suicide Prevention
The Montgomery County Judge Wayne Mack
COMMUNITY HELP EXPO

SCHEDULE OF EVENTS
1:00pm  Doors Open
1:30pm  Community Conversations
1:30pm  Mental Health in The World of COVID-19
2:30pm  Trauma Informed Care / Trust Based Relational Intervention
3:30pm  Tough Conversations with Teens about Depression & Suicide
4:30pm  Talk Saves Lives
5:30pm  Panel Discussion on Behavioral Health & Suicide Prevention
          BHSP Celebration / Call for Volunteers
6:30pm  Keynote Speaker Kevin Hines
7:30pm  Closing Comments

ART EXHIBIT & RESOURCE FAIR
All Day  The Art Exhibit and Resource Fair will be in the foyer.

CALL TO ARTISTS
Lone Star Convention Center // 9055 Airport Rd, Conroe, Texas
Thursday, November 12, 2020
It’s OK not to be OK

YOU ARE NOT ALONE

We are creating a community culture where
JOIN THE COMMUNITY

BHSP
COMMUNITY TASKFORCE
BEHAVIORAL HEALTH & SUICIDE PREVENTION

WHO IS BHSP?

A Volunteer-based Task Force in Montgomery County, Texas along with neighboring counties, coming together to help connect Mental Health Resources to the Community.

We Raise Awareness
It is our mission to inspire our community to make mental health a priority.

We Partner
We are dedicated to establishing relationships with vetted and trusted resources.

We Connect & Share
We strive to fill in the information gaps for those navigating choices for mental health care.

We Service
BHSP Volunteers have heart and soul that drives the mission. Join us at the Behavioral Health & Suicide Prevention Task Force!

You Are Not Alone.
communityhelp.org
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www.communityhelp.org