Working with Local Coalitions to Improve Suicide Prevention Outcomes

The Office of Mental Health Coordination
Overview

• RYSE overview

• Local coalitions and suicide prevention outcomes
Project RYSE (1of 3)

Resilient Youth Safer Environments (RYSE)

- Five-year youth suicide prevention grant 2019-2024.
- Creates comprehensive Suicide Safer Early Intervention and Prevention Systems aimed at supporting youth-serving organizations.
- Grant supports youth 10-24 years old in Galveston County.
Resilient Youth Safer Environments (RYSE)

• Annual award of $736,000 to HHSC from the Substance Abuse and Mental Health Services Administration.

• State partnerships include Gulf Coast Center, Region 4 Education Service Center, Texas Suicide Prevention Collaborative and the Texas Institute of Excellence in Mental Health at UT (UT-TIEMH).
Project RYSE (3 of 3)

Resilient Youth Safer Environments (RYSE)

- Care Navigator, Suicide Prevention Specialist, and Youth Mobile Crisis Outreach Team provide services in Galveston County.
- Established the Galveston County Suicide Prevention Coalition.
Working with Local Coalitions

• Why coalitions?

  ▪ Suicide is a complex public health issue that requires ongoing collaboration among many sectors

  ▪ Shared responsibility

  ▪ Importance of relationships
Working with Local Coalitions

• How are effective coalitions formed and maintained?
  □ Form a partnership
  □ Establish a purpose
    ○ Mission/vision
    ○ Specific to the unique needs of community
    ○ Start small and build momentum
Working with Local Coalitions

- Recruit the right people
  - Independent school districts (ISDs)
  - Faith-based
  - First responders
  - Mental health
  - Veterans
  - Medical professionals
  - Higher education
  - Social service agencies
  - Crisis teams
  - Relevant organizations (substance use, NAMI)
  - Impacted survivors
  - Anyone who supports the mission and vision
Working with Local Coalitions

• Develop a successful structure
  ▪ Coalition/task force/council
  ▪ Leadership/roles
  ▪ Subcommittees/workgroups
  ▪ Clear expectations
  ▪ Sustainability
  ▪ Highlight successes!
Working with Local Coalitions

• Conduct activities and maintain engagement
  - Strategic plans
  - Data-driven
  - Clear, measurable objectives
  - Outreach, training, education
  - Communication
    - Social media, emails
  - Community mapping
    - Bring in partners to assist
Outcomes

• How do coalitions improve suicide prevention outcomes?

  ▪ Identify resources and support services.
  ▪ Work to close gaps and meet unique needs.
  ▪ Streamline pathway to care.
  ▪ Strengthen relationships.
  ▪ Determine training opportunities.
Galveston County Suicide Prevention Coalition Successes

- Representation from over 15 diverse agencies and educational entities.
- Coalition engagement has expanded training opportunities in suicide prevention.
- Monthly guest speakers highlight resources and information.
Other Considerations

• Connect with coalition leadership at the state level
  ▪ Texas Suicide Prevention Collaborative
    ○ https://texassuicideprevention.org/coalition-resources/local-coalition-partners/

• Connect with neighboring coalitions
  ▪ Resource sharing
  ▪ Training opportunities
QUESTIONS?
Thank You

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