

## On the Horizon: Suicide Prevention Efforts in 2022

The Office of Mental Health Coordination

# The Office of Mental Health Coordination

#### Mission:

Collaborate with stakeholders to improve policies, programs, and systems to achieve positive behavioral health outcomes for all.

#### Vision:

Cultivate multi-system collaborations to improve the behavioral health system in Texas.

#### Values:

- Collaboration;
- Cultural humility;
- Integrity; and
- a Trauma-informed lens.



# The Office of Mental Health Coordination

#### **OMHC Teams**

- Stakeholder Engagement and Strategic Planning: Coordinates with partners to address gaps in support services and oversee several committees and workgroups.
- Policy, Systems Coordination, and Programing:
   Oversees initiatives, including suicide prevention,
   Texas System of Care, Community Resource
   Coordination Groups, Trauma-Informed Care, and
   Mental Health First Aid.
- Statewide Opioid Coordination: Ensures opioid services are addressed in a coordinated and comprehensive approach.
- Veterans Mental Health Coordination: Oversees Texas Veterans and Family Alliance Grant, Mental Health Program for Veterans, and veterans suicide prevention initiatives.





## HHSC Suicide Prevention Team

- Lillian Nguyen: Director of Policy, System Coordination, and Programming
- Tammy Weppelman: State Suicide Prevention Coordinator and Team Lead
- Bethaney Myers: Suicide Care Coordinator
- Laura Hernandez Gold: Suicide Prevention & Project AWARE Co-Coordinator

- Jennifer Haussler
   Garing: Suicide
   Prevention Data &
   Outcomes Coordinator
- Jennifer Crutsinger: Suicide Prevention Youth Grant Project Coordinator
- Tara Reyna: Veterans Suicide Prevention Coordinator



#### **IDD-BHS Suicide Prevention Efforts**

Suicide Prevention Administrative Structure

> Veterans Suicide Prevention Coordinator

Statewide Suicide Prevention Coordinator

Suicide Safe Care Coordinator

Youth
Suicide
Prevention
Grant
Project
Director

Suicide
Prevention
Policy,
Programs, and
Outcomes
Specialist

Project AWARE
/ Suicide
Prevention
Specialist

Suicide Specific Initiatives

> Governor's Challenge to Prevent Suicide Among SMVF

Mayor's Challenge to Prevent Suicide Among SMVF

Resilient Youth, Safer Environments (RYSE)

Suicide Care Initiative Block Grant Project

> National Suicide Prevention Lifeline Expansion (NSPL)

Behavioral Health Programs & Services\*

> Outpatient Mental Health Services

Substance Use Disorder (SUD) Services

- Outreach,
   Screening,
   Assessment, and
   Referral Services
   (OSAR)
- Residential SUD Services
- Crisis Services
- Crisis Hotlines
- Mobile Crisis Outreach Teams
- Crisis Facilities

Inpatient Psychiatric Hospital Services

Disaster Behavioral Health

Jail

Diversion

Behavioral Health Programs\*

> Mental Health Program for Veterans (Gov. Code 8434 352)

Texas Veterans + Family Alliance (SB 55-84R)

Community Mental Health Grant Program (HB 13-85R)

Grant Program for Justice-Involved Individuals (SB 292-85R)

Healthy Community Collaboratives (SB 58-83R, SB 1849-85R) Data Analysis

Suicidal Thoughts

Suicide Attempts

Suicide Death

LMHA/LBHA Performance Measures (Form Y) **Reports**�

idal Statewide Behavioral Health Strategic Plan (HB 1 Article IX, Section 10.04-84R)

cide Statewide Behavioral Health Coordinating Council Legislative Report on Suicide

Short-term Action Plan to Prevent Veteran Suicides (SB 578-85R)

Long-term Action Plan to Prevent Veteran Suicides (SB 578-85R)

> Summary Report on Suicide (HB 3980-86R)

#### Color Legend:

- Office of Mental Health Coordination
  - Veterans Mental Health Coordination and Programs
  - Policy, Systems Coordination and Programming
     Stakeholder Engagement and Strategic Planning
- Behavioral Health Services

- \* These programs and services are not all suicide prevention specific; however, suicide prevention is a desired outcome.
- ♦ The reports provide specific information or recommendations which may be implemented through policy, administrative action, or funding action.

## OMHC Suicide Prevention Team Efforts

 Suicide Care Initiative: Implement the Zero Suicide framework in the public mental health system.



 Resilient Youth Safer Environments (RYSE): Create comprehensive suicide safe early intervention and prevention systems aimed at supporting youthserving organizations in the Galveston County area.

## OMHC Suicide Prevention Team Efforts

- Enhance availability printed suicide prevention materials through updated Zero Suicide toolkit and other suicide prevention one-pagers.
- Provide training and technical assistance in suicide prevention, intervention, and postvention.
  - ASK about Suicide to Save a Life
  - Counseling on Access to Lethal Means
  - Applied Suicide Intervention Skills Training
  - Specialized presentations to meet the needs of requesting audiences



# Statewide Behavioral Health Coordinating Council (SBHCC)

#### **Suicide Prevention Subcommittee**

- House Bill 4074: Requires SBHCC subcommittee to collect suicide/suicide prevention data and to identify how data are used to make policy.
  - Senate Bill 1, Article IX, Section 10.04(f):
    Requires update on legislative report from H.B.
    3980, 86th Legislature, Regular Session, 2019;
    the report shall include data and
    recommendations specific to suicides among
    veterans and foster youth in the state.





## Thank you

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Associate Commissioner

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